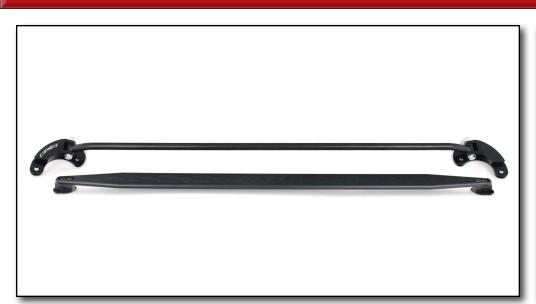


# VW MK7 Golf Front Strut Tower Bar Kit Installation Instructions - Click HERE to Shop



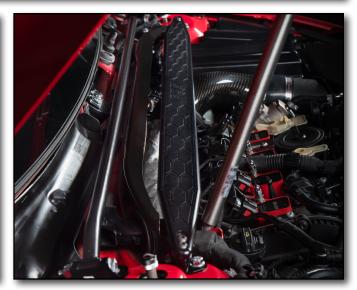
Skill Level
1 - Easy
Basic Skills
Required









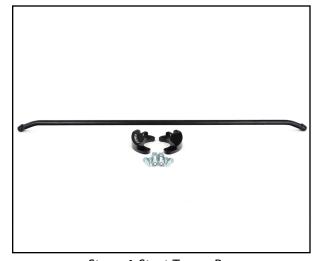




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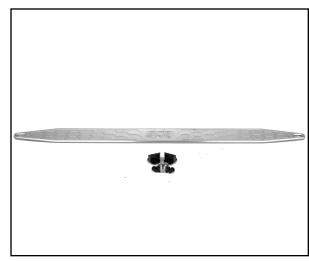
# **AVAILABLE KITS**



Stage 1 Strut Tower Bar



Stage 2 Strut Tower Bar - Black Anodized



Stage 2 Strut Tower Bar - Clear Anodized



### **REQUIRED TOOLS**

Note: The tools required for each step will be listed by the step number throughout these instructions.

#### **Standard Automotive Tools**

### **Required For This Install**

#### **Available On Our Website**

Protecta-Sockets (for lug nuts) <u>ES#2221243</u>	• 1/4" Drive Ratchet <u>ES#2823235</u>
• 3/8" Drive Ratchet	• ¼" Drive Deep and Shallow Sockets <u>ES#2823235</u>
• 3/8" Drive Torque Wrench ES#2221245	• <sup>1</sup> / <sub>4</sub> " Drive Extensions <u>ES#2823235</u>
• 3/8" Drive Deep and Shallow Sockets ES#2763772	<ul> <li>Plier and Cutter Set<u>ES#2804496</u></li> </ul>
• 3/8" Drive Extensions ES#2804822	<ul> <li>Flat and Phillips Screwdrivers</li> </ul>
Hydraulic Floor Jack <u>ES#2834951</u>	• Jack Stands <u>ES#2763355</u>
• Torx Drivers and Sockets <u>ES#11417/8</u>	Ball Pein Hammers
• ½" Drive Deep and Shallow Sockets <u>ES#2839106</u>	<ul> <li>Pry Bar Set<u>ES#1899378</u></li> </ul>
• ½" Drive Ratchet	<ul> <li>Electric/Cordless Drill</li> </ul>
• ½" Drive Extensions	<ul> <li>Wire Strippers/Crimpers</li> </ul>
• ½" Drive Torque Wrench <u>ES#2221244</u>	• Drill Bits
• ½" Drive Breaker Bar <u>ES#2776653</u>	<ul> <li>Punch and Chisel Set</li> </ul>
Bench Mounted Vise	Hex Bit (Allen) Wrenches and Sockets ES#11420
Crows Foot Wrenches	• Thread Repair Tools <u>ES#1306824</u>
Hook and Pick Tool Set      ES#2778980	Open/Boxed End Wrench Set  ES#2765907

**Specialty Tools** 

• Tin Snips -OR- Die Grinder



### **INSTALLATION NOTES**

- **RH** refers to the *passenger side* of the vehicle.
- **LH** refers to the *driver side* of the vehicle.
- Always use the proper torque specifications.
- If applicable to this installation, torque specifications will be listed throughout the document and at the end as well.
- Please read all of these instructions and familiarize yourself with the complete process **BEFORE** you begin.

### GENERAL PREPARATION AND SAFETY INFORMATION

ECS Tuning cares about your health and safety, please read the following safety information. This information pertains to automotive service in general, and while it may not pertain to every job you do, please remember and share these important safety tips.

- Park your car in a safe, well lit, level area.
- Shut the engine off and remove the key from the ignition switch.
- Make sure any remote start devices are properly disabled.
- **ALWAYS** wear safety glasses.
- Make sure the parking brake is applied until the vehicle is safely lifted and supported.
- Whether lifting a vehicle using an automotive lift or a hydraulic jack, be sure and utilize the factory specified lift points.
- Lifting a vehicle in an incorrect location can cause damage to the suspension/running gear.
- **ALWAYS** support the vehicle with jack stands.
- **ALWAYS** read and follow all safety information and warnings for the equipment you are using.

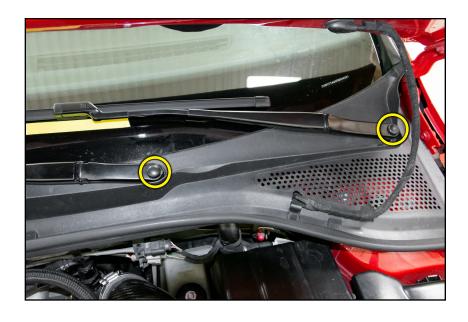


NEVER get underneath a vehicle that is supported only by a jack, and **ALWAYS** make sure that the vehicle is securely supported on jack stands.



Flat Head Screwdriver Step 1:

Pry the plastic caps (circled in YELLOW) free from the base of each wiper arm.



13mm Socket & Ratchet Step 2:

Remove the two nuts (circled in \( \frac{\frac{1}{2} \lambda \frac{1}{2} \rangle \frac arms in place.





#### Step 3:

Mark the position of the wipers on the windshield using a piece of masking tape, then remove the wiper arms from the vehicle.

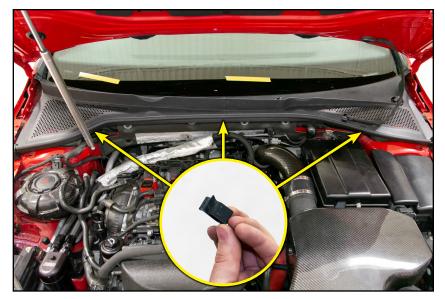


Our Schwaben wiper arm puller (available HERE) helps to quickly and easily pull the wiper arms without risking damage.



#### Step 4:

Pull the rubber weather strip free from the wiper cowl, then pull the three clips free from the cowl (inset photo). Remove the wiper cowls and set them aside.

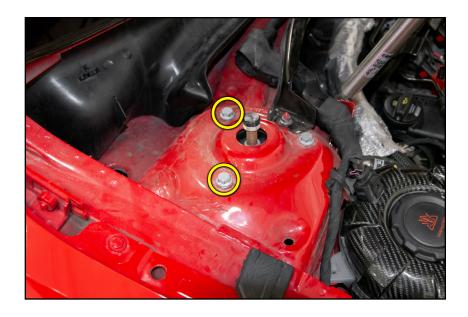




Step 5:

13mm Socket & Ratchet

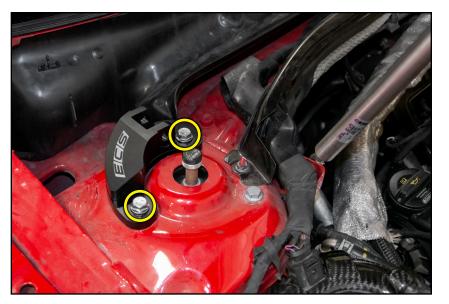
Remove the two rear-most strut mount bolts (circled in **YELLOW**) from each side.



Step 6:

13mm Socket & Ratchet

Install the stage 1 bracket onto each strut tower, then loosely thread in the provided bolts (circled in \(\frac{\text{Y=UOW}}{\text{.}}\).





Step 7: 18mm Wrench, 18mm Socket & Ratchet

Install the stage 1 bar between the two brackets using the provided hardware, tightening until fully snug. Go back and tighten the two strut mount bolts (arrows) to 35 Nm (26 Ft-lbs).



#### If you only purchased the stage 1 kit:

Reinstall the rain tray and wipers, then your installation is complete!

#### If you purchased the stage 2 kit:

Proceed to the next page to continue installation.



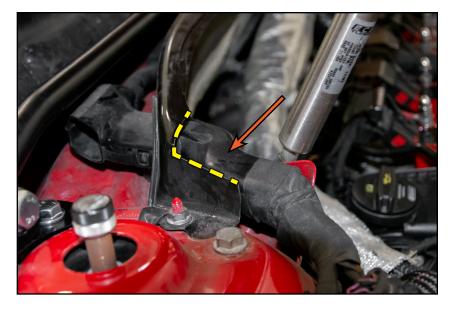
Step 8:

Tin Snips -OR- Die Grinder

Before the stage 2 bar can be installed, there is a thin piece of sheet metal that runs across the top of the firewall which must be trimmed slightly. Using tin snips or a die grinder, carefully notch out the sheet metal on either side as shown in the photo on the right.



**CAUTION:** Be careful not to damage the nearby wiring harness (arrow) while cutting.





Step 9:

10mm, 13mm Socket & Ratchet

Remove the front strut mount bolt and the 10mm nut (circled in YELLOW) from each strut tower and set them aside.



10mm, 13mm Socket & Torque Wrench Step 10:

Install the stage 2 bracket onto each strut tower with the 10mm nut and the provided strut mount bolt (circled in \( \frac{\text{Y=UOW}}{1} \). Tighten the nut until snug, then torque the strut mount bolt to 35 Nm (26 Ft-lbs).





Step 11: 5mm Hex (Allen)

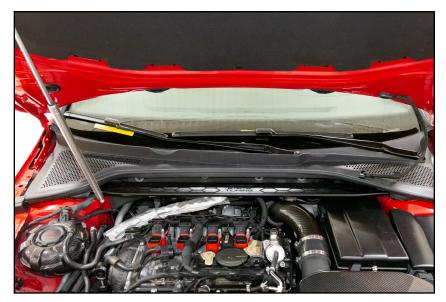
Carefully lay the stage 2 bar into place, center it between the two strut towers, and secure it with the provided hardware (circled in YIELLOW).



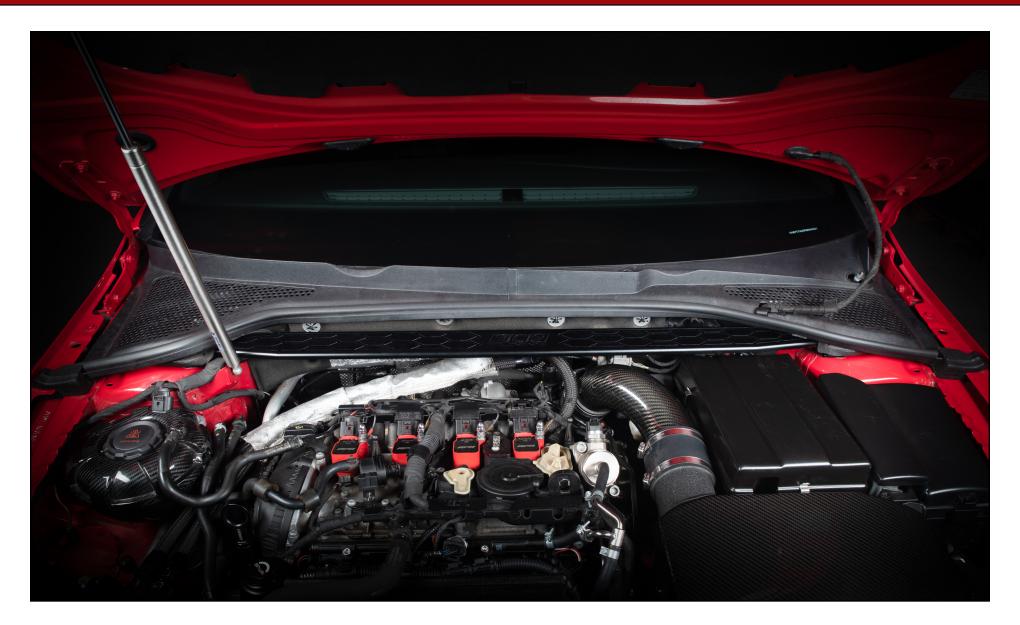
#### Step 12:

Reinstall the rain tray and wipers.

Congratulations, your installation is complete!



### Your Front Strut Tower Bar installation is complete!



#### These instructions are provided as a courtesy by ECS Tuning

Proper service and repair procedures are vital to the safe, reliable operation of all motor vehicles as well as the personal safety of those performing the repairs. Standard safety procedures and precautions (including use of safety goggles and proper tools and equipment) should be followed at all times to eliminate the possibility of personal injury or improper service which could damage the vehicle or compromise its safety.

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