

VW MK7 Monoball Trailing Arm Set Installation Instructions - Click HERE to Shop



Thank Vou



Thank you for purchasing your new monoball trailing arm set, we appreciate your business!



These installation instructions have been broken up into several sections:

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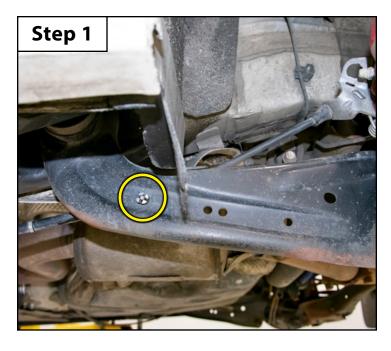
Proper service and repair procedures are vital to the safe, reliable operation of all motor vehicles as well as the personal safety of those performing the repairs. Standard safety procedures and precautions (including use of safety goggles and proper tools and equipment) should be followed at all times to eliminate the possibility of personal injury or improper service which could damage the vehicle or compromise its safety.

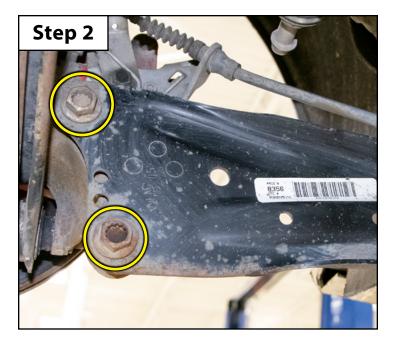
Section 1: Removing the Trailing Arms

Step 1 • Remove the aluminum push-rivet (circled in YELLOW) which secures the parking brake cable bracket to the trailing arm.

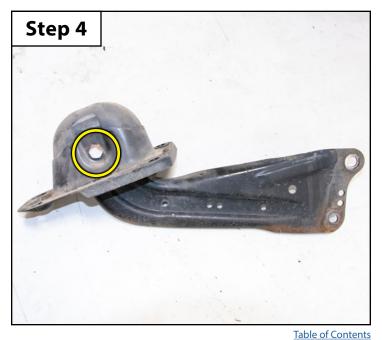
VW MK7 MONOBALL TRAILING ARM SET INSTALLATION

- **Step 2** Remove the two bolts (circled in **MELLOW**) which secure the trailing arm to the spindle.
- **Step 3** Remove the four bolts (circled in YELLOW) which secure the trailing arm bracket to the body.
- **Step 4** Loosen and remove the bolt (circled in **YILLOW**) which secures the trailing arm into the bracket.
 - **NOTE:** An impact gun can come in handy for this, but you can clamp the trailing arm into a vise to hold it still while you break the bolt loose.







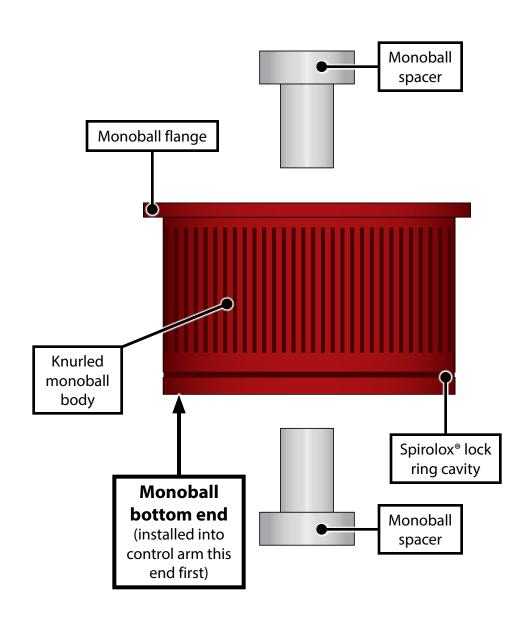


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Section 2: The Monoballs

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- Take a moment and familiarize yourself with the monoball assemblies and their components.
- The side view of the monoball (shown below) illustrates where the bearing flange, knurled bearing body, Spirolox[®] lock ring cavity, and the two bearing spacers are located. Be sure to note that the two bearing spacers are the exact same size and length, they are not side specific.
- Take note of the top end and bottom end of the bearing assembly. The top end is the flanged end, and the bottom end is where the Spirolox[®] lock ring cavity is located. The bottom end will be pressed into the control arm until the flanged end bottoms out, then we'll add a Spirolox[®] lock ring for added security.



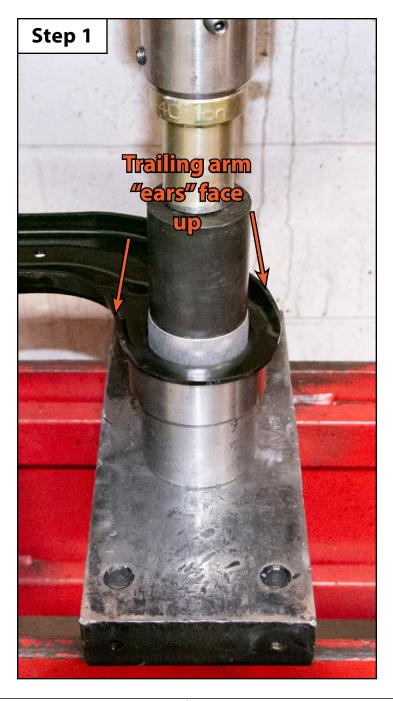
Now let's get to it!

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Section 3: Installing the Monoballs

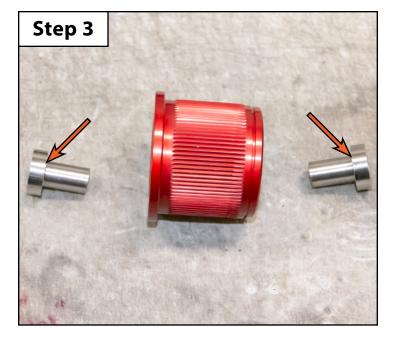
- Step 1
 Place a press cup onto the RAISED side of the bushing bore in the trailing arm as shown below.
 Proper placement is critical, we used a tool which is designed to hold the bushing bore from below during removal and installation.
- **Step 2 SLOWLY** and **CAREFULLY** press the bushing out then clean any leftover bushing material from the trailing arm bore. Repeat this process to press the bushing out of both trailing arms.





Section 3: Installing the Monoballs

- **Step 3** Remove the sleeves (arrows) from the monoballs as shown.
- **Step 4** Place a press cup onto the **FLAT** side of the bushing bore in the trailing arm as shown below. Again, proper placement is critical.
 - **SLOWLY** and **CAREFULLY** press the new monoball into the trailing arm, ensuring that it remains square to the arm, **STOP** once any part of the bearing flange bottoms out against the arm.
 - Remove any excess material from around the monoball after pressing and repeat for the other arm.
- **Step 5** Install the Spirolox[®] lock ring into the groove in the monoball (arrow).



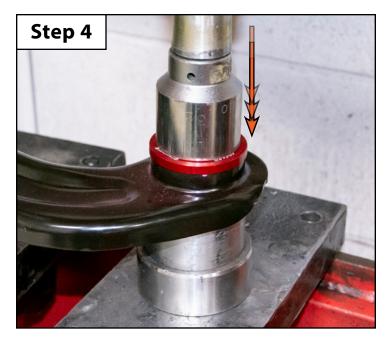
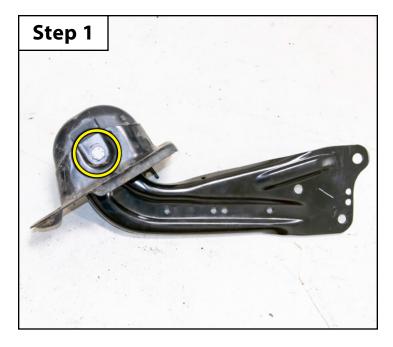


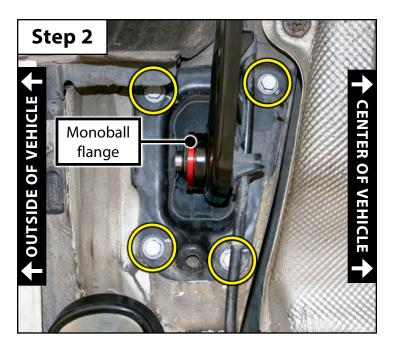


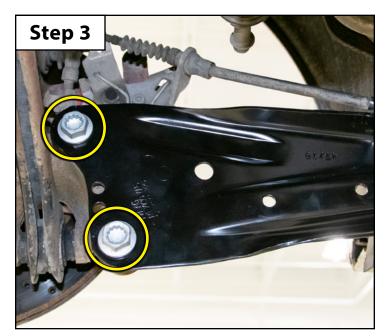
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Section 4: Reinstalling the Trailing Arms

- Slide the sleeves into the monoball, install it into the trailing arm bracket, and torque the bolt (circled in **YELLOW**) to 90 Nm (66 Ft-lbs) + 90°.
- **Step 2** Lift the trailing arm and bracket back into the body of the vehicle and torque the four bracket bolts (circled in YELLOW) to 50 Nm (37 Ft-lbs) + 45°.
 - Ensure that the flange on the monoball is facing toward the **OUTSIDE** of the vehicle.
- **Step 3** Install the two bolts (circled in YELLOW) which secure the trailing arm to the spindle and torque them to 70 Nm (52 Ft-lbs) + 90°.
 - You may have to move the spindle up and down to align the holes in the spindle with the holes in the trailing arm.
- **Step 4** Reinstall the parking brake cable bracket with a new push-rivet (circled in YILLOW).









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